



## **BASIC RULES OF THE FITNESS CENTER**

Please note that fitness center membership agreements must be renewed once a year.

- Please attach a Physician note stating: “May exercise unsupervised” with your fitness center application.
- Please attach check made payable to “Sarasota County Government” for \$107.00 (fee waived for Health Dept. employees)
- Include proof of employment (pay stub) and your HR Representative’s name and phone number.
- The address of the fitness center is 1660 Ringling Blvd, 5<sup>th</sup> Floor
- Open 24 hours a day, 7 days a week.
- Access is for employees only, no friends, family, etc. If an employee is caught letting in unauthorized individuals, privileges will be revoked permanently and the employee’s supervisor will be notified.
- Please wipe down all equipment after use with provided disinfectant and towels.
- Lockers are for use during workouts only; please take all belongings home on a daily basis.
- Exercise classes are reserved for County employees. Health Department employees may enroll in an exercise class only if there is availability; knowing that they may be asked to relinquish their “seat” for the class to a county employee. This request could come any time during the class series.