

## **SARASOTA COUNTY FITNESS CENTER USE PROCESS**

Sarasota County Government is offering all Longboat Key Employees the opportunity to use the County's Employee Fitness Center located on the 5<sup>th</sup> floor at 1660 Ringling Blvd, Sarasota, for a low annual cost of \$107. That's less than \$9 per month. Once you've submitted the documentation noted below, you can have access to the Employee Fitness Center 24/7.

In order to participate, Longboat Key employees will need the following:

1. A doctor's note stating you can exercise unsupervised.
2. A check made payable to Sarasota County Government for \$107 (and annually thereafter).
3. Proof that you are employed by Longboat Key - such as a copy of your employee ID or a recent paystub (print from "My Benefits").
4. Completed form (attached).
5. Submit these items (mail or drop off) to:

Angela Deem  
Sarasota County Government  
1660 Ringling Blvd, 4<sup>th</sup> Floor  
Sarasota, FL 34236  
Telephone 941-650-9908

OR

Eileen Bray  
Sarasota County Government  
1301 Cattlemen Rd., Building B  
Sarasota, FL 34232  
Telephone 941-861-6833

6. Once approved, you'll receive notice from the County's Human Resources Department to schedule time (M-F, 8-4:45 p.m.) for a picture ID access badge to be made (at the Sarasota County Government Administration Building, 1660 Ringling Blvd, Sarasota). The ID badge will provide access to the fitness center when the building is not open.



**Please circle one: City / State / Health Department employee**  
**Sarasota County Government**  
**Fitness Center Membership Agreement**

As I become a member of the Sarasota County Government Fitness Center(s) I understand and agree to the following:

1. All members use the fitness center(s) at their own risk and accept full responsibility for their participation.
2. I understand that the activities & equipment in the fitness center(s) may involve certain risks and exposure to personal injury, which risks and exposure I voluntarily assume by becoming a member of the fitness center(s), I also understand that an orientation to the equipment is available at my request. I hereby release in full and forever discharge Sarasota County Government, its directors, agents and employees, whether acting officially or otherwise, on behalf of myself, my heirs, executors, administrators and personal representatives from any and all claims, demands, or activities while on the fitness center(s) premises which may result in my death, injury to me or loss or damage to my property of any sort whatsoever.
3. Under no circumstances shall a member move exercise equipment or use the equipment in any manner not authorized by The Wellness Program.
4. I understand that **all equipment shall be wiped down** with the supplies provided after each use.
5. I understand that this membership is only for myself. I will **not** give access to another individual or misuse the equipment or County property **or I will lose my membership** and forfeit my membership fee (if applicable).
6. I will wear my ID badge at all times when using the fitness facility.
7. I hereby understand members are to conduct themselves in a quiet, well-mannered fashion so as not to cause any disturbance, which may interfere with the use and enjoyment of the facility by others.
8. I understand this agreement must be renewed **annually for City & State** employees.
9. The County reserves the right to lock-down the facility temporarily in emergency situations.
10. Under no circumstances are children of a County, City or State employee allowed access to the fitness facility.

**Any violation** of these provisions by the member could cause injury to the member or other persons. The Wellness Program reserves the right to enforce these provisions immediately and to terminate this agreement for any noncompliance. The Wellness Program also reserves the right to rescind any or all fitness center privileges deemed appropriate by Sarasota County Government, its directors, agents or employees.

_____	_____	_____
Printed Name	Member Signature	Date
_____	_____	_____
Work Address	Work Telephone Number	E-mail Address (Work or Home)
_____	_____	_____
Home Address	City	Zip Code
Human Resources Representative Name _____		HR Phone _____

**Card Number \*** This is the 4-6 digit number from the back of either your County ID badge or the white building access card, could start with a letter and have a hyphen. AKA "Swipe Card" or "HID Card".

I understand that **I will NOT be notified** when my card is activated but rather will try my card 10 days after submitting my paperwork and will contact the person below **ONLY** if my card does not work. **Initial here:** \_\_\_\_\_

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*This portion below the line is to be completed by SCG's Living Well Program.*

Brought/Faxed Doctor's note?	Y / N
Check for \$107 Annual Fee Received?	Y / N Check # _____
Proof of Employment	Y / N

**Completed Applications to be sent to:**  
Eileen Bray, 1301 Cattlemen Rd, Bldg B, Sarasota, FL 34232  
T. 941-861-6833 F. 941-861-6835  
ebray@scgov.net



## **BASIC RULES OF THE FITNESS CENTER**

Please note that fitness center membership agreements must be renewed once a year.

- Please attach a Physician note stating: "May exercise unsupervised" with your fitness center application.
- Please attach check made payable to "Sarasota County Government" for \$107.00 (fee waived for Health Dept. employees)
- Include proof of employment (pay stub) and your HR Representative's name and phone number.
- The address of the fitness center is 1660 Ringling Blvd, 5<sup>th</sup> Floor
- Open 24 hours a day, 7 days a week.
- Access is for employees only, no friends, family, etc. If an employee is caught letting in unauthorized individuals, privileges will be revoked permanently and the employee's supervisor will be notified.
- Please wipe down all equipment after use with provided disinfectant and towels.
- Lockers are for use during workouts only; please take all belongings home on a daily basis.
- Exercise classes are reserved for County employees. Health Department employees may enroll in an exercise class only if there is availability; knowing that they may be asked to relinquish their "seat" for the class to a county employee. This request could come any time during the class series.